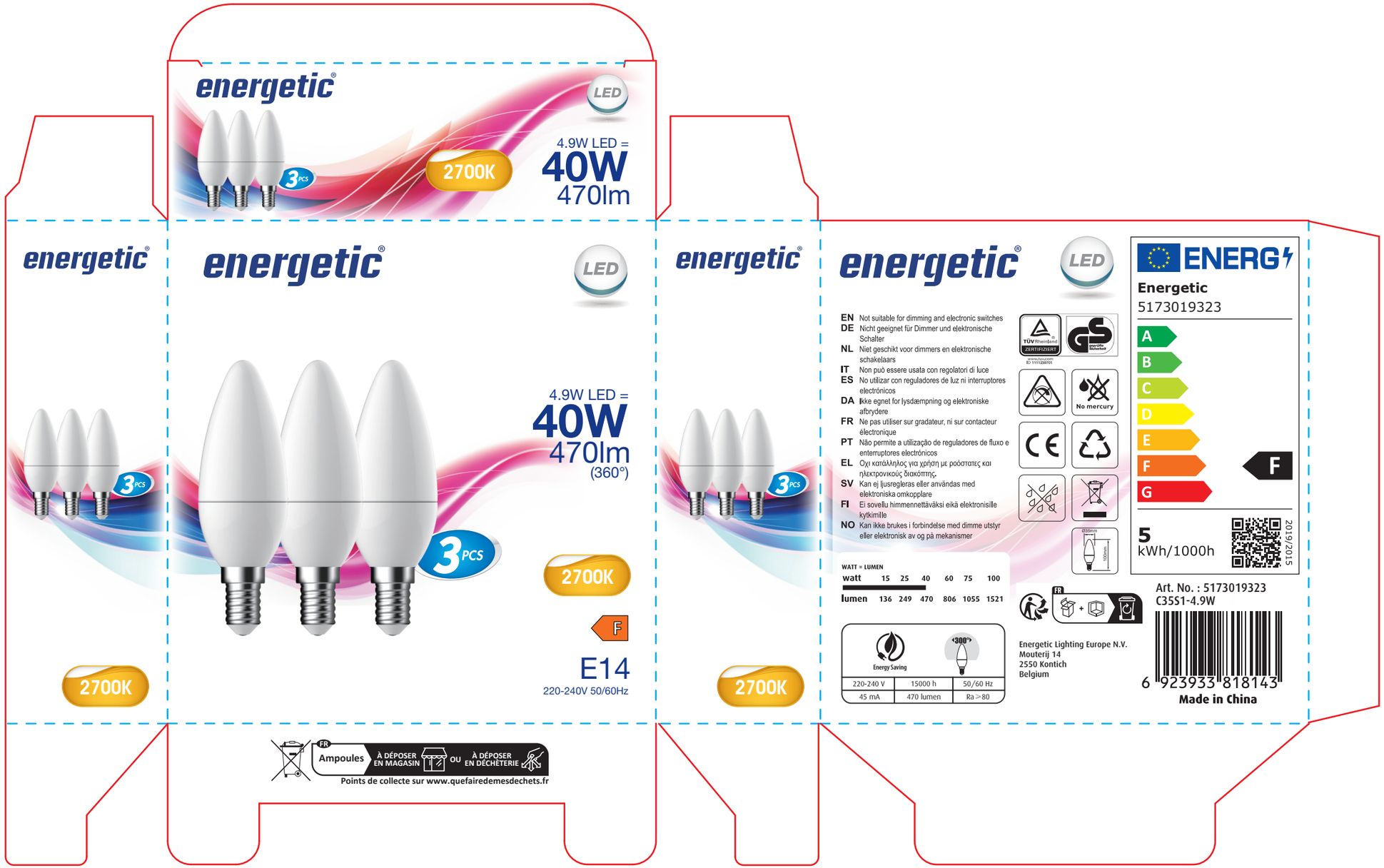400g灰底白板纸 104×35×107mm展开尺寸 293×183mm