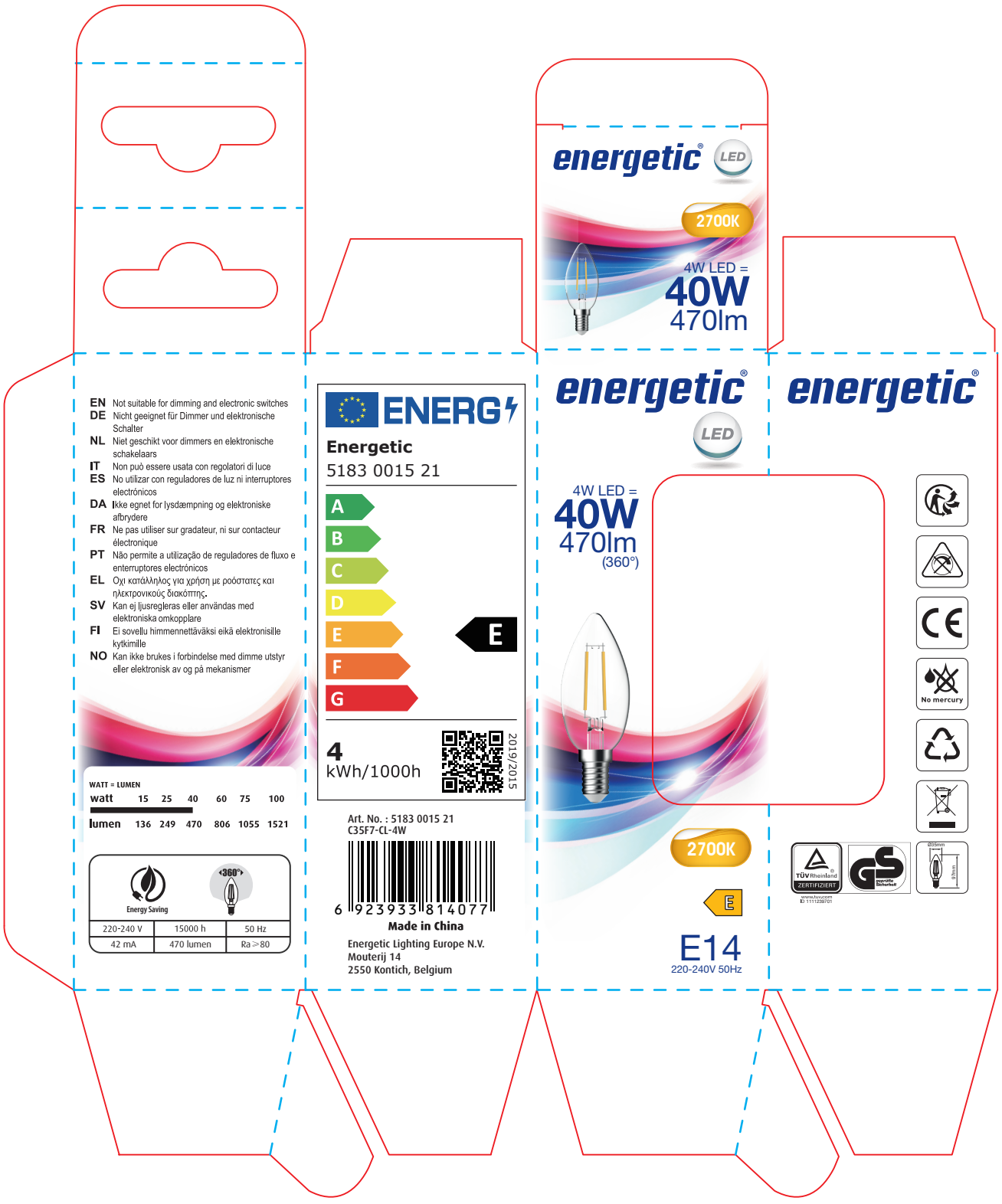400g 灰底白板纸 40×40×110mm 展开尺寸 172×206mm